

# sweetgrass

— FOOD CO. —

## 100% GOOD CATERING

### Greens or Grains

large bowl \$180  
serves ~ 20

medium bowl \$108  
serves ~ 12

per person \$9.50  
(Minimum 10)

#### add protein (\$/person)

baked humane chicken \$4  
roasted wild salmon \$4  
sprouted organic tofu \$2  
boiled humane egg \$2

### +Drinks and Sweeties

fresh juice (\$8/per)  
red/green/sunny

#### premium drinks (\$6/per)

- Puget Sound Kombucha
- Rachel's Ginger Beer

#### soft drinks (\$4/per)

- water (sparkling or still)
- coconut water
- DRY Sparkling

#### sweeties (\$4/person)

- Mira Bar
- Snail Cookie
- Tahini-Spelt Cookie

### 100% Complete

large bowl  
serves ~ 20

+ 20 soft drinks  
+ 20 sweeties  
\$320

chicken/salmon + \$70  
tofu/egg + \$30

medium bowl  
Serves ~ 12

+ 12 soft drinks  
+12 sweeties  
\$192

chicken/salmon + \$42  
tofu/egg + \$18

per person  
(minimum 12)

green/grain  
+ soft drink  
+ sweetie

\$16/per person

chicken/salmon + 3.50  
tofu/egg + \$1.50

## Three Ways To Order prices and offerings subject to change

- 1. SAME DAY** for *individual* orders for 12 people or fewer  
Website ([www.sweetgrassfoodco.com](http://www.sweetgrassfoodco.com))  
Select "Delivery for Now" to get café prices and flat-rate, mileage based delivery fee  
Select "Order for Pickup" to save on delivery costs  
Select "Delivery for Later" to select a specific date/time for delivery  
Mobile app (Text SWEETGRASS to 33733 to download)
- 2. Large Group Catering for Delivery**— via website: "Delivery for Later" (then scroll down to Catering),
- 3. Large Group Catering for Pickup AND/OR Customized Orders:**  
[catering@sweetgrassfoodco.com](mailto:catering@sweetgrassfoodco.com),

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cafe • creative space • catering  
“from scratch kitchen”

## Sweetgrass Thai Kale Salad (V) (GF) (N)

kale, shaved red cabbage, edamame, mung beans, basil, cilantro, fresh ginger, pickled sweet chilies, cashews, thai chili-peanut-ginger vinaigrette

## The Buddha Bowl (V) (GF) (N) the sweetgrass signature

coconut brown rice, sprouted soaked quinoa, kale, brussels sprouts, shredded carrots, shaved red cabbage, avocado, lentils, edamame, mira bar crumble, turmeric-lime vinaigrette

## Matcha Caesar (V) (N)

baby gem lettuce, cherry tomatoes, basil, roasted garlic, croutons, vegan parmesan, vegan matcha caesar, lemon squeeze (leave off the croutons and it is gf)

## Habanero Fresh Seasonal Greens (GF) (V) (N)

sprouted rainbow quinoa, kale, roasted sweet potatoes, seasonal fruit & vegetables, fresh coconut, mung beans, walnuts, habanero-lime-allspice vinaigrette

## Mike's Greens (GF)

kale, brussels sprouts, shredded carrots, seasonal vegetables, edamame, chickpeas, seasonal fruit, sunflower seeds, feta, tahini dressing

## Citrus Sweet Potato Grains & Greens (GF) (N)

spinach, arugula, soaked pearled barley, adzuki and mung beans, shaved fennel, roasted sweet potato, basil, apple cider vinegar-soaked sultanas, hazelnuts, citrus-coriander vinaigrette

## White Balsamic Seasonal Grains (N)

soaked pearled barley, spinach, seasonal fruit & vegetables, lentils, white beans, aged sharp cheddar, sesame seeds, fresh herbs, toasted walnuts, white balsamic vinaigrette

**(GF) – Gluten Free    (V) – Vegan    (N) – Contains Nuts**