

sweetgrass

— FOOD CO. —

100% GOOD CATERING

Greens or Grains

large bowl \$180
serves ~ 20

medium bowl \$108
serves ~ 12

per person \$9.50
(Minimum 10)

add protein (\$/person)

baked humane chicken \$4
roasted wild salmon \$4
sprouted organic tofu \$2
boiled humane egg \$2

+Drinks and Sweeties

fresh juice (\$8/per)
red/green/sunny

premium drinks (\$6/per)

- Puget Sound Kombucha
- Rachel's Ginger Beer

soft drinks (\$4/per)

- water (sparkling or still)
- coconut water
- DRY Sparkling

sweeties (\$4/person)

- Mira Bar
- Snail Cookie
- Tahini-Spelt Cookie

100% Complete

large bowl
serves ~ 20

+ 20 soft drinks
+ 20 sweeties
\$320

chicken/salmon + \$70
tofu/egg + \$30

medium bowl
Serves ~ 12

+ 12 soft drinks
+12 sweeties
\$192

chicken/salmon + \$42
tofu/egg + \$18

per person
(minimum 12)

green/grain
+ soft drink
+ sweetie

\$16/per person

chicken/salmon + 3.50
tofu/egg + \$1.50

Three Ways To Order prices and offerings subject to change

- 1. SAME DAY** for *individual* orders for 12 people or fewer
Website (www.sweetgrassfoodco.com)
Select "Delivery for Now" to get café prices and flat-rate, mileage based delivery fee
Select "Order for Pickup" to save on delivery costs
Select "Delivery for Later" to select a specific date/time for delivery
Mobile app (Text SWEETGRASS to 33733 to download)
- 2. Large Group Catering for Delivery**— via website: "Delivery for Later" (then scroll down to Catering),
- 3. Large Group Catering for Pickup AND/OR Customized Orders:**
catering@sweetgrassfoodco.com,

sweetgrass

— FOOD CO. —

cafe • creative space • catering
“from scratch kitchen”

Sweetgrass Thai Kale Salad (V) (GF) (N)

kale, shaved red cabbage, edamame, mung beans, basil, cilantro, fresh ginger, pickled sweet chilies, cashews, thai chili-peanut-ginger vinaigrette

The Buddha Bowl (V) (GF) (N) the sweetgrass signature

coconut brown rice, sprouted soaked quinoa, kale, brussels sprouts, shredded carrots, shaved red cabbage, avocado, lentils, edamame, mira bar crumble, turmeric-lime vinaigrette

Matcha Caesar (V) (N)

baby gem lettuce, cherry tomatoes, basil, roasted garlic, croutons, vegan parmesan, vegan matcha caesar, lemon squeeze (leave off the croutons and it is gf)

Habanero Fresh Seasonal Greens (GF) (V) (N)

sprouted rainbow quinoa, kale, roasted sweet potatoes, seasonal fruit & vegetables, fresh coconut, mung beans, walnuts, habanero-lime-allspice vinaigrette

Mike's Greens (GF)

kale, brussels sprouts, shredded carrots, seasonal vegetables, edamame, chickpeas, seasonal fruit, sunflower seeds, feta, tahini dressing

Citrus Sweet Potato Grains & Greens (GF) (N)

spinach, arugula, soaked pearled barley, adzuki and mung beans, shaved fennel, roasted sweet potato, basil, apple cider vinegar-soaked sultanas, hazelnuts, citrus-coriander vinaigrette

White Balsamic Seasonal Grains (N)

soaked pearled barley, spinach, seasonal fruit & vegetables, lentils, white beans, aged sharp cheddar, sesame seeds, fresh herbs, toasted walnuts, white balsamic vinaigrette

(GF) – Gluten Free (V) – Vegan (N) – Contains Nuts